

## EXERCISE STABILITY BALLS

- Inflatable, Anti-Burst, Weight Tested Quality
- With DVD Video and Hand Pump
- 5 Sizes to Suit Men's and Women's Physiques
- Excellent Core Training Accessory Used for Stretching, Flexibility, Weight Training, Abdominal Conditioning and Strengthening
- Assorted Colours
- AEB45-24 • AEB55-05 • AEB65-06 • AEB75-12 • AEB85-24



## EXERCISE DOME BALL

- Inflatable 1/2 Ball with Base
- With Detachable Exercise Tubing with Handles

AEDOMES-24



## TONING BALLS-POWER DIVA BODY GEAR

- Squeezable Soft Shell for Easy Gripping
- Assorted Weight Sizes

- 4LB-APDTB4-24
- 6LB-APDTB6-24
- 8LB-APDTB8-24



## DELUXE MAT-POWER DIVA BODY GEAR

- Size 24" x 68" x 1/2"
- Closed Cell Ribbed Foam - Non Slip

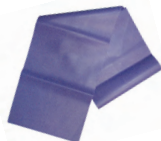


APDDFM-24



## YOGA & STRETCHING GEAR

Latex  
Stretch Bands



AELBANDA-24  
Advanced

AELBANDI-24  
Intermediate

Latex Stretch Bands  
with Handles



AELBANDHI-24  
Intermediate

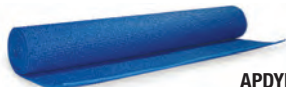
AELBANDHA-24  
Advanced



APDYS-24  
Power Diva  
Yoga Strap



APDYB-24  
Power Diva  
Yoga Brick



APDYM-24  
Power Diva  
Sticky Yoga Mat

# Your Powerful Choice for Fitness Gear!